

Cain's Ten Descendants—Cain to Lamech

17 Cain made love to his wife. She became pregnant and gave birth to Enoch. Cain was building a city, and he named it Enoch after his son. **18** To Enoch was born Irad. Irad was the father of Mehujael. Mehujael was the father of Methushael. And Methushael was the father of Lamech.

19 Lamech married two women, one named Adah and the other Zillah. **20** Adah gave birth to Jabal. He was the first person to live in tents and have livestock. **21** His brother's name was Jubal. He was the first person to play the harp and the flute. **22** Zillah also had a son, Tubalcain, who made bronze and iron tools. Tubalcain's sister was Naamah.

23 Lamech said to his wives,

“Adah and Zillah, listen to me!
Wives of Lamech, hear what I say!
I killed a man for bruising me,
a young man for wounding me.

24

If Cain is avenged 7 times,
then Lamech, 77 times.”

Adam's Godly Descendants—Adam to Enosh

25 Adam made love to his wife again. She gave birth to a son and named him Seth, because she said, “God has given^a me another child in place of Abel, since Cain killed him.”

26 A son was also born to Seth, and he named him Enosh. At that time people began to worship the Lord.

Footnotes

^a 4:25 There is a play on words here between Hebrew *sheth* (Seth) and *shath* (given).